## New Members Course Online Learning Modulemeximel

## Webinar: Finding Balance: Life, Work and DAR

Go to NSDAR's Members' Only Site: http://members.dar.org
Click Committees - DAR Leadership Training
Click Webinar Archives - Right Menu
Under Past Presentation - Click Membership - Scroll down to March 2015: Finding Balance: Life, Work and DAR, click Video.
The webinar may not start at the beginning. If this happens place your curser over the red dot and move it to the left/beginning of the red slide. You may skip the introduction by advancing to 4:15 minutes on the red slide.
Name: \&KDSVAU NSDAR\#:

1. What does finding balance mean to you and how do you try to achieve balance in your life?
2. What were the six balance guidelines shared in this webinar and what do they mean to you related to DAR?

- $\qquad$
- $\qquad$
- $\qquad$
- $\qquad$
- 
- $\qquad$

3. As a leader, why is it important to delegate?
4. What are some important keys to collaborative delegation?

- $\qquad$
- $\qquad$
- 

5. Of the six guidelines, which one of the guidelines gives you the most difficulties? Share how you might work on this for your own personal growth.
